



# 4 Week Free Fitness Program

Contact: Jessica Hoffman

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[https://ks-shawnee.countybuyselltrade.com/business-listings/fitness-centers/4-week-free-fitness-program\\_\\_269622](https://ks-shawnee.countybuyselltrade.com/business-listings/fitness-centers/4-week-free-fitness-program__269622)

Address:

Price:

**Free**

I am a personal trainer looking for 10 individuals looking to start a fitness routine or looking for a new fitness routine to try for FREE!

About the program:

- This program is for men and women, 14 to 114 and ALL fitness levels.
- No commitment or contract required.
- Just a month of unlimited access to our online workout programs!
- Your program dates are Monday June 28 - Saturday July 24, plus 2 additional weeks FREE for anyone who signs up today!

You will get access to:

6 weeks unlimited virtual workouts for FREE

Certified Personal Trainers

Motivation, Accountability, Support

Community driven, family friendly

60 minutes of amazing workouts at your own pace, start where you are

Interested? Check it out and sign up here: <https://linktr.ee/jesshoffman>



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<https://tinyurl.com/2pi2b8pg>



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